

# Labrador Lites – Goose Bay

## Amy Anderson

- 2001 – Compulsory Level 1 Cadet Category
  - ❖ Spring Provincial Championships

## Evan Barr

- 1998 – Compulsory Level 1 Argo Category
  - ❖ Spring Provincial Championships
  - ❖ NL Winter Games (Labrador Category)

## Kylene Barrett

- 2005 – InterClub Novice Category
  - ❖ Spring Provincial Championships

## Kyla Batcock

- 2002 – Compulsory Level 1 Argo Category
  - ❖ Spring Provincial Championships
- 2001 – Compulsory Level 1 Argo Category
  - ❖ Spring Provincial Championships
- 2000 – Pre Elite Level 1 Cadet Category
  - ❖ Spring Provincial Championships
- 1999 – Pre Elite Level 1 Cadet Category
  - ❖ Spring Provincial Championships

## Danielle Bennett

- 1998 – Compulsory Cadet Category
  - ❖ Spring Provincial Championships

## Stephen Bennett

- 2002 – Provincial Level 1 Under 10 Category
  - ❖ Spring Provincial Championships

## Eliza Bond

- 2004 – Compulsory Open Category
  - ❖ Spring Provincial Championships:
- 2003 – Compulsory Level 1 Cadet Category
  - ❖ Spring Provincial Championships:

**Team Gold**  
**3<sup>rd</sup> Place - Vault**

**Team Gold**

## Jennifer Brenton

- 2000 – Pre Elite Level 1 Open Category

❖ Spring Provincial Championships:

**All Around Bronze**

**1<sup>st</sup> Place** - Bars

**2<sup>nd</sup> Place** - Vault

**1999** – Pre Elite Level 1 Open Category

❖ Spring Provincial Championships

**1998** – Compulsory Tyro Category

❖ Spring Provincial Championships

### **Natalie Combdon**

**2002** – Compulsory Level 1 Argo Category

❖ Spring Provincial Championships

**2001** – Compulsory Level 1 Argo Category

❖ Spring Provincial Championships

### **Lindsay Crambin**

**1998** – Compulsory Cadet Category

❖ Spring Provincial Championships

### **Miranda Cross**

**2003** – Compulsory Level 1 Open Category

❖ Spring Provincial Championships:

**Team Gold**

**All Around Silver**

**1<sup>st</sup> Place** - Floor

**2<sup>nd</sup> Place** - Vault

**3<sup>rd</sup> Place** - Bars

### **Lindsay Dove**

**2005** – Provincial Level 1 Novice Category

❖ Spring Provincial Championships

**2004** – Provincial Level 1 Novice Category

❖ Spring Provincial Championships

**2003** – Provincial Level 1 Tyro Category

❖ Winter Provincial Championships

**2002** – Provincial Level 1 Tyro Category

❖ Winter Provincial Championships:

**2001** – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships

**2000** – Pre Elite Level 1 Cadet Category

❖ Spring Provincial Championships

**3<sup>rd</sup> Place** - Beam

### **Haley Dubberke**

**2002** – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships

## Christian Fry

2003 – Provincial Level 3 13+ Category

❖ Atlantic Canadian Championships:

❖ Winter Provincial Championships:

2002 – Provincial Level 2 U13 Category

❖ Atlantic Canadian Championships

❖ Winter Provincial Championships:

❖ NL Winter Games (Labrador Region)

2001 – Optional Level 1 Cadet Category

❖ Spring Provincial Championships:

1999 – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships:

1998 – Compulsory Level 1 Spark Category

❖ Spring Provincial Championships:

### All Around Gold

1<sup>st</sup> Place - Floor, Pommels, Rings, Vault, Parallel Bars & High Bar

### All Around Gold

1<sup>st</sup> Place - Pommels, Rings, Vault, Parallel Bars & High Bar

2<sup>nd</sup> Place - Floor

### Team Gold

1<sup>st</sup> Place - Parallel Bars

3<sup>rd</sup> Place - High Bar

2<sup>nd</sup> Place - High Bar

3<sup>rd</sup> Place - Floor

### All Around Gold

1<sup>st</sup> Place - Floor, Pommels, Rings & High Bar

2<sup>nd</sup> Place - Vault

## Jenna Rose Fry

1999 – Pre Elite Level 1 Argo Category

❖ Spring Provincial Championships

## Kylie Gambin

1998 –

❖ NL Winter Games (Labrador Region)

## Lindsay Gambin

2002 – Provincial Level 1 Novice Category

❖ Winter Provincial Championships:

❖ NL Winter Games (Labrador Region)

2001 – Compulsory Level 1 Open Category

❖ Spring Provincial Championships:

### Team Gold

3<sup>rd</sup> Place - Beam

### All Around Bronze

2<sup>nd</sup> Place - Vault

3<sup>rd</sup> Place - Bars & Floor

- 2000 – Pre Elite Level 2 Argo Category
  - ❖ Spring Provincial Championships
- 1999 – Pre Elite Level 2 Argo Category
  - ❖ Spring Provincial Championships

## Eva Guerin

- 2000 – Optional Level 1 Open Category
  - ❖ Winter Provincial Championships:
- 1999 – Optional Level 1 Tyro Category
  - ❖ Winter Provincial Championships:
- 1998 – Optional Level 1 Tyro Category
  - ❖ Winter Provincial Championships:
  - ❖ NL Winter Games (Labrador Region)

**Team Gold**  
**2<sup>nd</sup> Place** - Beam

**All Around Silver**  
**2<sup>nd</sup> Place** - Floor  
**3<sup>rd</sup> Place** - Vault

**2<sup>nd</sup> Place** - Vault  
**3<sup>rd</sup> Place** - Bars

## Ryan Haworth

- 2004 – Provincial Level 1 Under 10 Category
  - ❖ Spring Provincial Championships:
- 2003 – Provincial Level 1 Under 10 Category
  - ❖ Spring Provincial Championships:

**All Around Silver**  
**1<sup>st</sup> Place** - Pommels  
**2<sup>nd</sup> Place** - Floor, Rings, Vault & High Bar  
**3<sup>rd</sup> Place** - Parallel Bars

**Team Gold**

## Heather Head

- 2003 – Compulsory Level 1 Open Category
  - ❖ Spring Provincial Championships:
- 2002 – Compulsory Level 1 Open Category
  - ❖ Spring Provincial Championships:
- 2001 – Compulsory Level 1 Argo Category
  - ❖ Spring Provincial Championships

**Team Gold**  
**All Around Gold**  
**1<sup>st</sup> Place** - Vault  
**2<sup>nd</sup> Place** - Beam & Floor

**2<sup>nd</sup> Place** - Beam  
**3<sup>rd</sup> Place** - Vault

## Allison Hewlett

- 2003 – Compulsory Level 1 Open Category
  - ❖ Spring Provincial Championships:

**Team Gold**  
**2<sup>nd</sup> Place** - Bars

## Elizabeth Hicks

- 1999 – Pre Elite Level 1 Cadet Category
  - ❖ Spring Provincial Championships
- 1998 – Compulsory Cadet Category
  - ❖ Spring Provincial Championships

## Jennifer Hicks

- 1999 – Pre Elite Level 1 Argo Category
  - ❖ Spring Provincial Championships

## Shirley Hill

- 1998 – Compulsory Open Category
  - ❖ Spring Provincial Championships

## Darren Hodder

- 2002 – Provincial Level 1 Category
  - ❖ NL Winter Games (Labrador Region)

## Conor Hodge

- 1999 – Compulsory Level 1 Spark Category
  - ❖ Spring Provincial Championships:

### All Around Bronze

2<sup>nd</sup> Place - Vault

3<sup>rd</sup> Place - Pommels, Rings & High Bar

## Silas Jararuse

- 2002 – Provincial Level 1 Open Category
  - ❖ Spring Provincial Championships:

### All Around Gold

1<sup>st</sup> Place - Floor, Rings, Vault & High Bar

## David Lane

- 2003 – Provincial Level 3 10-12 Category
  - ❖ Eastern Canadian Championships:
  - ❖ Atlantic Canadian Championships:

### All Around Bronze

1<sup>st</sup> Place - Floor, Vault & High Bar

2<sup>nd</sup> Place - Parallel Bars

4<sup>th</sup> Place - Pommels & Rings

### Team Gold

### All Around Bronze

1<sup>st</sup> Place - Vault

2<sup>nd</sup> Place - Parallel Bars

3<sup>rd</sup> Place - Floor & Pommels

5<sup>th</sup> Place - Rings

❖ Winter Provincial Championships:

**2002** – Provincial Level 2 U13 Category

❖ Atlantic Canadian Championships:

❖ Winter Provincial Championships:

❖ NL Winter Games (Labrador Region):

**2001** – Optional Level 1 Cadet Category

❖ Spring Provincial Championships:

**1999** – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships:

**1998** – Compulsory Level 1 Spark Category

❖ Spring Provincial Championships:

**All Around Bronze**

**1<sup>st</sup> Place** - Floor & Vault

**3<sup>rd</sup> Place** - Rings & High Bar

**6<sup>th</sup> Place** - Floor

**Team Gold**

**3<sup>rd</sup> Place** - **Parallel Bars**

**All Around Gold**

**1<sup>st</sup> Place** - Floor

**2<sup>nd</sup> Place** - High Bar

**3<sup>rd</sup> Place** - Vault

**All Around Silver**

**1<sup>st</sup> Place** - Floor & High Bar

**2<sup>nd</sup> Place** - Vault

**All Around Bronze**

**2<sup>nd</sup> Place** - Floor

**3<sup>rd</sup> Place** - Pommels, Rings, Vault & High Bar

## Samantha Lewis

**2003** – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships:

**2002** – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships

**Team Gold**

**All Around Bronze**

**2<sup>nd</sup> Place** - Vault

## Caitlin Lyall

**2002** – Compulsory Level 1 Open Category

❖ Spring Provincial Championships:

**2000** – Pre Elite Level 2 Argo Category

❖ Spring Provincial Championships

**1999** – Pre Elite Level 1 Argo Category

❖ Spring Provincial Championships

**3<sup>rd</sup> Place** - Vault

## Jessica McLean

**1996** – Compulsory B Pool Cadet Category

❖ Spring Provincial Championships:

**Team Gold**

## Clayton Mitchelmore

**2004** – Provincial Level 1 Under 10 Category

❖ Spring Provincial Championships:

2003 – Provincial Level 1 U10 Category

❖ Spring Provincial Championships:

**All Around Bronze**

**2<sup>nd</sup> Place** - Pommels & Parallel Bars

**3<sup>rd</sup> Place** - Floor, Rings, Vault & High Bar

**Team Gold**

## Rhea Mitchelmore

2005 – InterClub Novice Category

❖ Spring Provincial Championships

2004 – Compulsory Open Category

❖ Spring Provincial Championships:

2003 – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships:

**Team Gold**

**Team Gold**

**2<sup>nd</sup> Place** - Floor

2002 – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships

## Amy Montague

2005 – InterClub Novice Category

❖ Spring Provincial Championships

2002 – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships

## Chad Morey

2002 – Provincial Level 1 Under 8 Category

❖ Spring Provincial Championships

## Christopher Motty

2002 – Provincial Level 2 Under 13 Category

❖ Atlantic Canadian Championships

❖ Winter Provincial Championships:

❖ NL Winter Games (Labrador Region):

2001 – Optional Level 1 Under 10 Category

❖ Spring Provincial Championships:

**Team Gold**

**1<sup>st</sup> Place** - Vault

**1<sup>st</sup> Place** - Vault

**2<sup>nd</sup> Place** - Floor

**3<sup>rd</sup> Place** - Rings & Parallel Bars

1999 – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships:

**All Around Bronze**

**1<sup>st</sup> Place** - Vault

**2<sup>nd</sup> Place** - Floor

1998 – Compulsory Level 1 Spark Category

❖ Spring Provincial Championships:

**All Around Silver**

**1<sup>st</sup> Place** - Vault

**2<sup>nd</sup> Place** - Pommels, Rings & High Bar  
**3<sup>rd</sup> Place** - Floor

## Jerrod Myrden

- 2003** – Provincial Level 1 10-12 Category  
❖ Spring Provincial Championships:  
**2002** – Provincial Level 1 U10 Category  
❖ Spring Provincial Championships  
❖ NL Winter Games (Labrador Region)  
**2001** – Optional Level 1 Sparks Category  
❖ Spring Provincial Championships:

**2<sup>nd</sup> Place** - Floor

**3<sup>rd</sup> Place** - Vault

## Ashley O'Donnell

- 2002** – Provincial Level 1 Novice Category  
❖ Winter Provincial Championships:  
  
❖ NL Winter Games (Labrador Region)  
**2001** – Compulsory Level 2 Open Category  
❖ Spring Provincial Championships:

**Team Gold**

**2<sup>nd</sup> Place** - Beam

- 2000** – Pre Elite Level 2 Argo Category  
❖ Spring Provincial Championships:

**All Around Gold**

**1<sup>st</sup> Place** - Bars, Beam & Floor

**2<sup>nd</sup> Place** - Vault

- 1999** – Pre Elite Level 2 Argo Category  
❖ Spring Provincial Championships:

**All Around Bronze**

**2<sup>nd</sup> Place** - Beam

**3<sup>rd</sup> Place** - Bars

- 1998** – Optional Level 1 Cadet Category  
❖ Winter Provincial Championships  
**1997** – Compulsory A Pool Cadet Category  
❖ Spring Provincial Championships  
**1996** – Compulsory B Pool Cadet Category  
❖ Spring Provincial Championships:

**2<sup>nd</sup> Place** - Beam

**Team Gold**

## Rachel O'Donnell

- 2003** – Provincial Level 2 Open Category  
❖ Atlantic Canadian Championships:  
  
❖ Winter Provincial Championships:  
  
**2002** – Provincial Level 2 Open Category  
❖ Winter Provincial Championships:

**Team Gold**

**4<sup>th</sup> Place** - Vault

**All Around Bronze**

**2<sup>nd</sup> Place** - Vault

**All Around Bronze**

**1<sup>st</sup> Place** - Vault

**3<sup>rd</sup> Place** - Bars & Beam

❖ NL Winter Games (Labrador Region)

**2001** – Optional Level 1 Open Category

❖ Winter Provincial Championships:

**2000** – Optional Level 1 Open Category

❖ Winter Provincial Championships:

**1999** – Optional Level 1 Tyro Category

❖ Winter Provincial Championships

**1998** – Optional Level 1 Argo Category

❖ Winter Provincial Championships

❖ NL Winter Games (Labrador Region)

**1997** – Compulsory A Pool Argo Category

❖ Spring Provincial Championships

**1996** – Compulsory B Pool Cadet Category

❖ Spring Provincial Championships:

**All Around Silver**

**2<sup>nd</sup> Place** - Vault, Bars & Floor

**3<sup>rd</sup> Place** - Beam

**Team Gold**

**Team Gold**

**All Around Gold**

## **Sarah O'Donnell**

**2002** – Provincial Level 3 Open Category

❖ Winter Provincial Championships

**2001** – Optional Level 2 Open Category

❖ Winter Provincial Championships

**2000** – Optional Level 1 Open Category

❖ Winter Provincial Championships:

**1999** – Optional Level 1 Open Category

❖ Winter Provincial Championships:

**1998** – Optional Level 1 Tyro Category

❖ Winter Provincial Championships:

❖ NL Winter Games (Labrador Region):

**1997** – Compulsory A Pool Tyro Category

❖ Spring Provincial Championships:

**Team Gold**

**All Around Gold**

**2<sup>nd</sup> Place** - Vault, Bars & Floor

**3<sup>rd</sup> Place** - Beam

**All Around Silver**

**2<sup>nd</sup> Place** - Vault, Bars, Beam & Floor

**2<sup>nd</sup> Place** - Vault

**3<sup>rd</sup> Place** - Vault

**All Around Bronze**

**1<sup>st</sup> Place** - Bars

**3<sup>rd</sup> Place** - Floor

## **Richelle Painett**

**1998** – Compulsory Tyro Category

❖ Spring Provincial Championships

## Dee Jay Pardy

- 2002 – Compulsory Level 1 Argo Category  
❖ Spring Provincial Championships

## Bobby Pittman

- 1998 – Compulsory Level 1 Cadet Category  
❖ Spring Provincial Championships:  
❖ NL Winter Games (Labrador Region)

**2<sup>nd</sup> Place** - Pommels

## Matthew Pomeroy

- 2004 – Provincial Level 1 10-12 Category  
❖ Spring Provincial Championships:  
2003 – Provincial Level 1 U10 Category  
❖ Spring Provincial Championships:

**3<sup>rd</sup> Place** - Vault

**Team Gold**

**3<sup>rd</sup> Place** - Rings & Vault

- 2002 – Provincial Level 1 U8 Category  
❖ Spring Provincial Championships:

**1<sup>st</sup> Place** - Floor

## Ursula Powell

- 2002 – Compulsory Level 1 Argo Category  
❖ Spring Provincial Championships  
2001 – Compulsory Level 1 Argo Category  
❖ Spring Provincial Championships

## Tara Price

- 2000 – Pre Elite Level 1 Cadet Category  
❖ Spring Provincial Championships

## Holly Pye

- 1997 – Compulsory A Pool Open Category  
❖ Spring Provincial Championships:

**All Around Silver**

**1<sup>st</sup> Place** - Bars

**2<sup>nd</sup> Place** - Vault, Beam & Floor

## Keana Rellinger

- 2005 – Provincial Level 1 Tyro Category  
❖ Spring Provincial Championships  
2004 – Compulsory Open Category  
❖ Spring Provincial Championships:

**Team Gold**

**All Around Silver**

**1<sup>st</sup> Place** - Vault & Beam

**2<sup>nd</sup> Place** - Bars & Floor

**2003** – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships:

**Team Gold**

### **David Roberts**

**2004** – Provincial Level 1 10-12 Category

❖ Spring Provincial Championships:

**2<sup>nd</sup> Place** - High Bar

**2003** – Provincial Level 1 10-12 Category

❖ Spring Provincial Championships

### **Kara Roberts**

**2001** – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships

**2000** – Pre Elite Level 1 Cadet Category

❖ Spring Provincial Championships

**1999** – Pre Elite Level 1 Cadet Category

❖ Spring Provincial Championships

### **Jamie Rose**

**2005** – InterClub Novice Category

❖ Spring Provincial Championships

**2004** – Compulsory Open Category

❖ Spring Provincial Championships:

**Team Gold**

**All Around Bronze**

**2<sup>nd</sup> Place** - Beam

**3<sup>rd</sup> Place** - Vault

**2003** – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships:

**Team Gold**

**2002** – Compulsory Level 1 Cadet Category

❖ Spring Provincial Championships

### **Amy Rowsell**

**2005** – InterClub Argo Category

❖ Spring Provincial Championships

### **Kayla Sansford**

**1998** – Optional Level 1 Open Category

❖ Winter Provincial Championships:

**All Around Bronze**

**3<sup>rd</sup> Place** - Vault, Beam & Floor

❖ NL Winter Games (Labrador Region)

**1997** – Compulsory A Pool Open Category

❖ Spring Provincial Championships:

**All Around Gold**

**1<sup>st</sup> Place** - Vault, Beam & Floor

**2<sup>nd</sup> Place** - Bars

## Stephanie Saunders

2003 – Provincial Level 1 Open Category  
❖ Winter Provincial Championships:

2<sup>nd</sup> Place - Bars  
3<sup>rd</sup> Place - Vault

2002 – Provincial Level 1 Open Category  
❖ Winter Provincial Championships:

**All Around Gold**  
1<sup>st</sup> Place - Vault  
2<sup>nd</sup> Place - Beam  
3<sup>rd</sup> Place - Bars & Floor

2000 – Pre Elite Level 1 Open Category  
❖ Spring Provincial Championships:

3<sup>rd</sup> Place - Vault

1999 – Pre Elite Level 1 Open Category  
❖ Spring Provincial Championships

1998 – Compulsory Tyro Category  
❖ Spring Provincial Championships

## Paulette Selma

1998 – Compulsory Tyro Category  
❖ Spring Provincial Championships

## Megan Sheppard

2003 – Compulsory Level 1 Open Category  
❖ Spring Provincial Championships:

**Team Gold**  
**All Around Bronze**  
1<sup>st</sup> Place - Beam

2002 – Compulsory Level 1 Open Category  
❖ Spring Provincial Championships

## Chantelle Small

2002 – Provincial Level 1 Novice Category  
❖ Winter Provincial Championships:

**Team Gold**

2000 – Pre Elite Level 2 Argo Category  
❖ Spring Provincial Championships

## Joshua Snelgrove

2002 – Provincial Level 1 Under 8 Category  
❖ Spring Provincial Championships

## Marie Soleil Penashue

2001 – Compulsory Level 1 Cadet Category  
❖ Spring Provincial Championships

## Holly Talbot

- 2005 – Provincial Level 1 Novice Category
  - ❖ Spring Provincial Championships
- 2004 – Provincial Level 1 Novice Category
  - ❖ Spring Provincial Championships
- 2003 – Provincial Level 1 Tyro Category
  - ❖ Winter Provincial Championships
- 2002 – Provincial Level 1 Tyro Category
  - ❖ Winter Provincial Championships
- 2001 – Compulsory Level 1 Cadet Category
  - ❖ Spring Provincial Championships

## Debra Ward

- 2002 – Compulsory Level 1 Open Category
  - ❖ Spring Provincial Championships
- 2001 – Compulsory Level 1 Open Category
  - ❖ Spring Provincial Championships

## Deon Ward

- 2003 – Provincial Level 1 Under 8 Category
  - ❖ Spring Provincial Championships:

### All Around Bronze

- 1<sup>st</sup> Place - Vault
- 2<sup>nd</sup> Place - Rings
- 3<sup>rd</sup> Place - Pommels

## Stephanie Webb

- 1999 – Pre Elite Level 1 Open Category
  - ❖ Spring Provincial Championships:

### All Around Bronze

- 1<sup>st</sup> Place - Vault
- 3<sup>rd</sup> Place - Floor

## Daniel Windeler

- 2003 – Provincial Level 1 10-12 Category
  - ❖ Spring Provincial Championships
- 2002 – Provincial Level 1 10-12 Category
  - ❖ Spring Provincial Championships:
  - ❖ NL Winter Games (Labrador Region)
- 2001 – Optional Level 1 Cadet Category
  - ❖ Spring Provincial Championships

- 2<sup>nd</sup> Place - Pommels
- 3<sup>rd</sup> Place - Vault

## Dayna Winters

- 1998 – Optional Level 1 Argo Category

❖ Winter Provincial Championships

❖ NL Winter Games (Labrador Region)

**1997** – Compulsory A Pool Argo Category

❖ Spring Provincial Championships

**1996** – Compulsory B Pool Cadet Category

❖ Spring Provincial Championships:

**Team Gold**

## **Erin Yantha**

**2005** – InterClub Novice Category

❖ Spring Provincial Championships:

**2<sup>nd</sup> Place** - Beam